Saying Black Lives Matter is the easy part. Doing something about takes work. The following is addressed to white people who want to stand up to racism. We are going to give a few suggestions. This is not an exhaustive list. We encourage you to do your own research. If you already have expertise in an area such as the environment or health, then look into the intersection of race and your interest. Look for more in the near future as we address the many sides of systemic racism.

Are you new to this work?

Start with an old but still relevant list in Peggy Mcintosh’s *unpacking the invisible knapsack*

Check out the web site of Debbie Irving, author of *Waking Up White* for books and articles. [https://debbyirving.com/](https://debbyirving.com/) Take her 21-day challenge.

*Systemic Racism* explained in 4 minutes

**Support Black led organizations:**

Black Lives Matter Boston [https://blacklivesmatterboston.org/](https://blacklivesmatterboston.org/)
NAACP Boston: [http://naacpboston.com/](http://naacpboston.com/)
Movement for Black Lives: [https://m4bl.org/](https://m4bl.org/)
MassVote: [https://www.massvote.org/about](https://www.massvote.org/about)
Teen Empowerment Boston: [https://teenempowerment.org/boston/](https://teenempowerment.org/boston/)
Color of Change [https://colorofchange.org/](https://colorofchange.org/)

**Economics/ Business.**

Support Black Owned businesses:

[https://www.supportblackowned.com/](https://www.supportblackowned.com/)
[https://theblackwallet.com/](https://theblackwallet.com/)

Demand a living wage for essential workers

Does your company have inclusive hiring practices, and does it ensure the culture of your business is a welcoming one?

**Read**

There are many lists on the internet: Start with what *Belmont Library recommends* here: [Read Against Racism](#)

Here are just a few we recommend:

- *Between the World and Me* by Ta-Nehisi Coates
- *The Warmth of Other Suns* by Isabel Wilkerson
- *The New Jim Crow* by Michelle Alexander
Beloved, by Tony Morrison

Just Mercy, By Bryan Stevenson

White Fragility by Robin DeAngelo
How to Be an Anti-Racist by Ibram X. Kendi and check out his web site, https://www.ibramxkendi.com/ Join us in reading this book.
My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem
One Person, No Vote: How Voter Suppression Is Destroying Our Democracy by Carol Anderson
The 1619 Project of the New York Times
Or have your book club choose novels by Black authors. Start with Their Eyes Were Watching God by Zora Neale Hurston or Homegoing by Ya Gyasi.

Podcasts
“Seeing White: https://www.sceneonradio.org/seeing-white/

Code Switch NPR: https://www.npr.org/podcasts/510312/codeswitch

TED talks:
Robin DeAngelo, White Fragility https://www.youtube.com/watch?v=45ey4jgoxeU
Chimamanda Ngozi Adichie The danger of a single story:
TED Talk, Professor David R. Williams How Racism is making us sick

Articles: A Case For Reparations, Ta-Nahisi Coates.

Movies:
I am not your Negro, 13th, Fences, Fruitvale Station, If Beale Street Could Talk, 12 Years A Slave, Selma, The Hate You Give.

Short films on Voter Suppression: Suppressed, The Fight to Vote and Rigged: The Voter Suppression Playbook
Redlining: Modern Day Redlining 2018 from Reveal

Support federal legislation:
The Voting Rights Advancement Act- has passed the House, not taken up by the Senate

House resolution introduced by Congresswomen Ayanna Pressley (MA-07) and Ilhan Omar (MN-05),
and cosponsored by Katherine Clark (MA-05), condemning police brutality, racial profiling, and the excessive use of force.

Anti-lynching law- held up by Rand Paul in the Senate

**Resources for parents:** Embrace Race: [https://www.embracerace.org/](https://www.embracerace.org/)

[Sesame Street antiracism town hall](https://www.embracerace.org/)

**Resources for parents and adults,** National Museum of African American History and Culture: Talking about Race: [https://nmaahc.si.edu/learn/talking-about-race](https://nmaahc.si.edu/learn/talking-about-race)

**Education:**

Support programs that encourage students of color to go in to teaching. Make sure new teachers are welcomed and the culture of your school is inclusive.

1. Twenty mini-films for exploring race, bias and identity with students (includes strategies for the classroom)


LINK to article: "What if we don't return to school as usual"